

Week 1

# Mary Elliot Menu



## MONDAY

Sausage Roll  
or  
V Vegan Sausage  
with Yorkshire  
Puoding

Mashed Potatoes  
Carrots & Sweetcorn

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

## TUESDAY

Sweet N Sour Chicken  
  
V Vegetable Chilli &  
Rice

Mashed Potatoes  
Peas & Cauliflower

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## WEDNESDAY

Pork Meatballs in  
Tomato Sauce with  
Pasta

V Cheese Flan

Mashed Potatoes  
Sweetcorn & Carrots

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

## THURSDAY

Bolognaise Pasta Bake  
  
V Naan Pizza & Potato  
Sidewinders

Mashed Potatoes  
Green Beans

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## FRIDAY

100% Cod Fish Fingers  
  
V Vegan Nuggets

Potato Puffs  
Peas

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers



ALLERGEN INFORMATION FOR ALL OUR DISHES IS AVAILABLE BY CONTACTING: 01922 490190



Week 2

# Mary Elliot Menu



## MONDAY

Fish Fingers

V Quorn Bolognaise  
Pasta Bake

Mash  
Carrots & Sweetcorn

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

## TUESDAY

Chicken Curry & Rice

V Cheese Wheels V

Green Beans

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## WEDNESDAY

Beef Burger in a  
Floured Bap with  
Potato Wedges

V Vegetable Burger  
& Potato Wedges

Sweetcorn

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

## THURSDAY

Roast Chicken  
& Stuffing

V Mac N Cheese

Roast Potatoes  
Carrots & Broccoli

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## FRIDAY

Battered Cod & Chips

V Pizza & Chips

Sweetcorn  
Mushy Peas

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

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Week 3

# Mary Elliot Menu



## MONDAY

Cornish Pasty

V Cheese & Potato Pie

Waffle Fries  
Carrots & Sweetcorn

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/Yoghurt  
Cheese & Crackers

## TUESDAY

Fish Cakes

V Vegetable Sliders

Mashed Potatoes  
Broccoli

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## WEDNESDAY

Marinated Chicken  
Wraps

V Veg Curry & Rice

Sweetcorn

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

## THURSDAY

Bacon Muffin

V Cheese Omelette

Hash Browns  
Tinned Tomatoes

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit

## FRIDAY

Hot Dogs

V Vegan Hot Dogs

Chips  
Sweetcorn & Peas

Jacket Potato  
& Baked Beans

Cheese Sandwiches

Cake/ Fruit/ Yoghurt  
Cheese & Crackers

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